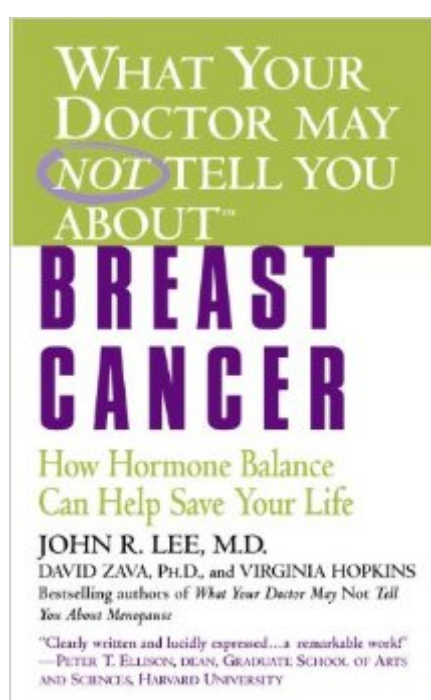


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# What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life (What Your Doctor May Not Tell You About...(Paperback))



## Synopsis

Breakthrough Strategies to Lower Your Risk...and Increase Your Chances of Recovery Breast cancer incidence has risen by 60 percent in the last fifty years. Conventional treatment protocols are simply not working-and they may even be harmful. In this book Dr. John Lee, an internationally renowned expert in natural hormones, teams up with breast cancer researcher Dr. David Zava to present a revolutionary hormone balance program to reduce your risk of breast cancer and help eliminate a recurrence if you already have the disease. Learn about: \* Conventional HRT and ERT-how synthetic hormones may trigger cancer \* The current breast cancer drugs that may hurt as much as they help-and why doctors use them anyway \* Risk factors for breast cancer-including the long-term dangers of birth control pills \* The unsettling truth about mammograms and radiation therapy \* The remarkably protective benefits of natural hormones \* The potential dangers in our homes, our water, and food. With its revolutionary program featuring natural progesterone, this book offers a progressive approach to hormone balance that is both eye-opening and empowering.

## Book Information

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## Customer Reviews

This book will scare the bejesus out of ya, so make sure you're ready for the in-your-face reality this book offers. Are you ready to read about everything contributing to breast cancer from pesticides to plastic bottles? We're talking bug spray, plastic water bottles, beef, cow's milk + milk products, nail polish, polish remover, furniture, hair dryers, computers, and on and on. I was afraid to eat or touch

anything for days! But the premise of this book isn't to scare but to educate you. While this book focuses on progesterone and diet to ward off or control breast cancer from spreading, it also slams current drug treatments and drug companies, along with mammograms. The information in this book is exactly the opposite of what your doctor will probably tell you. But are you willing to bet your life that your doc really knows what he or she is talking about and not just repeating the widespread word of rich and powerful drug companies or manufacturers of mammography equipment? So if you're like me and have just recently found a lump in your breast, take some time to get used to the idea that you might have cancer. Then if you want to know the harsh reality about breast cancer, read this book. It might just save your life.

Finally a book on breast cancer that explains the REAL causes: (1) environmental exposure to toxic chemicals like pesticides and petroleum products that mimic our own natural hormones, estrogen specifically; (2) nutritional deficiencies from eating junk food that allow these toxic chemicals to inhibit normal detoxification mechanisms that take place in the Liver and Gastrointestinal tract; (3) taking prescription drugs which amount to synthetic derivations of our natural hormones, which inhibit normal cellular communication and can damage our DNA, resulting in formation of hormone-driven tumors; (4) chronic emotional stress which uses up our B-vitamins, essential fatty acids and other essential nutrients needed to maintain our immune and detoxification systems, as mentioned above. Dr. Lee is a hero and a mentor. I highly recommend that ANYONE interested in the REAL causes of breast, ovarian, uterine and prostate cancers, AND how to prevent them, should read this book, and the two previous books by Dr. Lee, on Menopause and Premenopause, both available on this website! More and more people are waking up....and beginning to understand the horrible mistake we made by trusting large corporations (drug companies) that place profits before people. Reading books by Dr. Lee will educate us and show us how with a little time reading, we can learn how to take care of ourselves while living in a world that is run by corporations trying their hardest to destroy us! Read and share this book with those you love!

Dr. Lee has been maligned for so long by the medical community, but the information presented in this book cannot be ignored or taken lightly. If every doctor in America would read this book and then have the courage to act, no doubt thousands of women would benefit. I have not been personally affected by breast cancer, and am hopeful that I will never be diagnosed with it. I am following Dr. Lee's recommendations and expect to live a long and healthy life!

At last a straight forward and well researched alternate view about breast cancer, its causes and its treatment. Dr. Lee and all have gone to great lengths to present meaningful and in depth perspectives on the issues that most matter in trying to understand how we can respond to breast cancer. They don't shy away from the difficult questions of how money and politics have shaped what we have been led to believe about how our own bodies function and the impact of various hormones on us. All we have to do is look in the news these days to see the mis-information that we have been fed elsewhere on HRT, cancer and such. Nor do they back away from distortions that have been fed to us about supposed successes on the war on cancer. Finally we have in one place a book that can point us in the direction of real hope and possible long term solutions, both individually and collectively. I have been working with women and men with breast cancer for many years. At last I have a source of information that I can point people to that we can trust. Read this book. Then re-read it. It is a goldmine and a must if you or anyone you know has breast cancer or even concerns about it.

I found this book to be a very timely breath of fresh air. While reading the introduction I experienced a sense of clarity and relief that someone is telling the truth! Thank you! As I delved more deeply into the book and began to recognize definite symptoms of hormone imbalance in my body, I decided to take a clearer look at my lifestyle - diet, exercise, and long-held attitudes and beliefs about breast cancer, the medical establishment, and the impact of the individual and collective physical, emotional, and spiritual environment on health. In following some of the practical advice found within these pages and implementing some simple changes in diet and nutritional supplementation, as well as using a pure natural progesterone cream, I am experiencing higher quality of life. This well researched and clearly written book made a powerful and positive impact on me. I highly recommend it for all women who want a consciousness raising experience (!) and encourage them to share it with their primary healthcare providers. Thank you, Dr. Lee, Virginia, and David Zava, for your good work.

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